



# What to Bring to Treatment

## **Must Bring the following:**

- Photo ID
- Social Security Card or Birth Certificate
- Medical/Insurance Card
- Any current legal papers

## **Medication:**

- Bring all medication prescribed by your doctor. Make sure it is in the original container with your name on the label.
- If you have insulin-controlled diabetes, please bring your insulin and all testing supplies.
- Over-the-counter medication

## **Clothing:**

- Nothing with obscene language or secular messages, pictures of anything representing tobacco, drugs, alcohol,
- No clothing representing the occult or racially insensitive language will be tolerated.
- No gang colors or symbols.

**\*\* Any clothing or items left behind upon departure will be held for 30 days only. After 30 days, we will dispose of the property.**

**\*\*We recommend that you do NOT bring any valuable jewelry, or electronics.**

## **Casual (daily attire)**

- 2-4 pair Jeans/slacks
- 6 shirts
- 1 pair: tennis shoes
- 1 pair sandals/flip flops
- 10 pair underwear
- 2 pair shorts
- 8 pair socks
- Scarves/gloves/toboggan/winter coat/jacket according to season

## **Sleepwear & Other**

- 2 pair pajamas
- 1 pair house slippers

## **Personal Care & Hygiene Items**

- Toothbrush, toothpaste, dental floss
- Hairbrush/comb
- Hair Products (shampoo, conditioner, mousse/gel, hair spray)
- Bath soap, shower gel, shaving cream, lotion
- Cologne
- Disposable razors
- Deodorant
- One-a-Day Multivitamins

## **What NOT to bring:**

- Laptop, TV, Handheld games
- Pillows, sheets, blanket; all bedding and pillows provided.
- Poker cards or dice
- Stuffed animals
- Lighters or matches
- Weapons of any kind (including box cutters, scissors, straight razors, etc.)